

30% TCA PEEL

CHEAT SHEET

nk
natural
kaos



STEP 0

-Day before Dermaplane Face



STEP 5

-Degrease face three times



STEP 10

-Layer one: apply for 5 minutes



STEP 1

-Wash Face



STEP 6

-Reduce acid to chosen strength



STEP 11

-Use Qtip in tight areas, like eyes



STEP 2

-800 mg Ibuprofen (4 x 200mg)



STEP 7

-Use Aquaphor to block areas



STEP 12

STEP 13

-I did three layers of 30% TCA



STEP 3

-Make Degreaser; mix 1 part rubbing alcohol and 1 part acetone



STEP 8

-Put on gloves, saturate swabs in TCA



STEP 14

-Neutralize



STEP 4

-Saturate swabs in degreaser



STEP 9

-Set a timer to 5 minutes and have the blow dryer on cold



STEP 15

-First aid burn cream