

TCA PEEL TOOLS



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QUICK REMINDERS

REDUCING ACID

REDUCING 30% TCA 10% STRENGTH

1 part 30% TCA + 2 parts Distilled Water = 10% TCA

REDUCING 30% TCA 15% STRENGTH

1 part 30% TCA + 1 part Distilled Water = 15% TCA

REDUCING 30% TCA 20% STRENGTH

2 parts 30% TCA + 1 part Distilled Water = 20% TCA

REDUCING 30% TCA 25% STRENGTH

5 parts 30% TCA + 1 part Distilled Water = 25% TCA

USE
DISTILLED
WATER



DEGREASER



30% TCA PEEL

CHEAT SHEET

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0 STEP 0 -Day before Dermaplane Face	5 STEP 5 -Degrease face three times	10 STEP 10 -Layer one: apply for 5 minutes
1 STEP 1 -Wash Face	6 STEP 6 -Reduce acid to chosen strength	11 STEP 11 -Use Q-tip in tight areas, like eyes
2 STEP 2 -800 mg Ibuprofen (4 x 200mg)	7 STEP 7 -Use Aquaphor to block areas	12 STEP 12 -I did three layers of 30% TCA
3 STEP 3 -Mix Degreaser: mix 1 part rubbing alcohol and 1 part acetone	8 STEP 8 -Put on gloves, saturate swabs in TCA	14 STEP 14 -Neutralize
4 STEP 4 -Saturate swabs in degreaser	9 STEP 9 -Set a timer to 5 minutes and have the blow dryer on cold	15 STEP 15 -First aid burn cream

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AQUAPHOR

BURN CREAM

COLD DRYER

DEGREASER

FACE WASH

TCA

800MG IBUPROFEN

5 MIN TIMER